

Norwegian American Hospital Comprehensive Diabetes Center

At the Norwegian American Hospital Comprehensive Diabetes Center, our caring and experienced team provides the most complete, community-based diabetes care in one location.

Our doctors, diabetes educators and dietitians will help individualize your treatment to best fit your lifestyle.

We will partner with you and your family to help you reach your goals and reduce diabetes related complications. Our team will work with you and tailor a plan to help manage your diabetes including:

- Healthy food choices
- The value of physical education
- How and when to monitor your blood sugar
- Diabetes medications and how they work

*Living with diabetes
is easier when you
have the right partner.
We're here to help
you along the way!*

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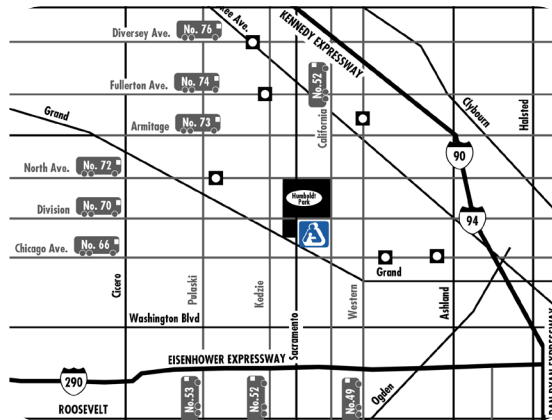
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www.nahospital.org

Bilingual in English and Spanish



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Take Control of your Diabetes

Why Choose Norwegian American Hospital?

If you've been diagnosed with type 1, type 2, gestational diabetes or prediabetes, Norwegian American Hospital Comprehensive Diabetes Center offers the resources and comprehensive education you need to manage your condition and live well.

Board certified endocrinologist, Dr. Jennifer Casey, and her team are dedicated to outpatient care, education, medication management and monitoring of complications.

Dr. Casey also manages other adult endocrinology issues such as thyroid, bone, adrenal, and pituitary problems.

You may benefit from our program if:

- You found out you have diabetes or prediabetes.
- You have developed complications related to diabetes.
- You have had diabetes for some time and are having difficulty with blood sugar control or need a review.
- You want to learn more about healthy eating to manage your diabetes.



Diabetes Care at NAH

Diabetes treatment plans are tailored to fit the individual needs and lifestyles of each patient. Services include:

- Physician consultation
- Medication management
- Insulin therapy
- Medical nutrition education
- Self-management and blood glucose self-monitoring
- Continuous glucose monitoring system
- Insulin pump therapy
- Individual and group education

The Norwegian American Hospital Comprehensive Diabetes Center makes it convenient for patients to receive care from a team of specialists including:

- Endocrinology
- Diabetes Education
- Nephrology
- Vascular
- Podiatry
- Wound Care
- Ophthalmology
- Neurology

Meet the Staff

Jennifer Casey, D.O.



Dr. Casey is a board certified endocrinologist. She is a graduate of the University of California, Davis. Dr. Casey received her medical degree from Touro University, Henderson, NV and completed her endocrinology fellowship at the University of California, Irvine.

Susie Adamson, RD, LDN, CDE



Susie earned her Bachelor of Science degree in Nutrition Science and Dietetics from the University of Nebraska. She completed her dietetic internship in Seattle and became a registered dietitian. She is a certified diabetes educator and bilingual in English and Spanish.

Tamara Barker, RN, BSN, Diabetes Educator



Tamara graduated with an Associate Degree in Nursing from Henry Ford College, Dearborn, MI. She earned her Bachelor of Science degree through Indiana University's RN Bridging program. She received her diabetes education training at Mohawk College, Ontario, Canada.